

My Tango Checklist

Self-assessment form courtesy of Maral & Mariano

Level	Material**	Taught ✓	Understood ✓	Can do ✓	Mastered ✓
1	Parallel weight change				
1*	Tango walk basics (caminata)				
1*	Embrace basics (el abrazo)				
1	Travel w' fward & side steps				
1	Stopping in a connected way				
2	Changing systems				
2	Pivot basics at 90°				
2*	Feeling partners axis				
2	Basic isolations				
2*	Single & double time				
2*	The standard cross				
2	Ochos				
2	Ocho cortado				
2	Paradas and sandwich				
2	Simple barridas				
2	Simple turns (giros)				
2	Simple chain steps				
2	Intro to different rhythms				
2*	Line of dance awareness				
3	Fluid sequencing of L2 mat.				
3*	Pivot subtleties + angles				
3*	Change of weight uses				
3	Walking with projection				
3*	Free leg use awareness				
3*	Controlling angles				
3*	Controlling speed				
3	Application of circularity				
3*	Changing the embrace				
3*	Intro to uncommon crosses				
3	Barridas				
3	Simple sacadas				
3	Simple ganchos				
3	Giros & simple enrosques				
3*	Calesitas				
3*	Intro to low voleos				
3*	Intro to syncopation				
3*	Melodic awareness				
3*	Applying combinations with line of dance awareness				
3	Intro to style/music appropriate dancing				
3*	Different decorations (L & F)				

1= Absolute beginner, 2 = Beginner, 3 = Improver. Upper levels (4-7) are not included.

* Some elements have several levels of mastery and can be considered as works in progress for a long time.

**The list above is not exhaustive but a good representation of the structural, vocabulary and expressive elements you need to master to 'graduate' to the next level.

We highly recommend you look at our detailed level guide at www.maralmariano.com/tango-level-guide.

Happy learning

M&M